



April 2024

Iron County Medical Care Facility Medicommunicator

Baby/Childhood Picture Contest

National Nursing Home week is set for May 12-18th this year. We are asking for a baby or childhood photo of residents and staff to display for a contest. If you are willing please bring a photo to the DT Department and we will make a copy to post on the display. The photo guessing contest will be set up in the Birch Park during Nursing Home Week and winners will be announced on that Friday.

You can also send it via email to:
jessca.schultz@ironcountymcf.onmicrosoft.com
If you have any questions please call Jessica at 906-874-1130 or Jennifer at 906-874-1138.



April is National Volunteer Month. We would like to take this special time of year to thank each and every special person that we are proud to call "Volunteer." Some are new, some are seasoned, some are young and some are senior, it doesn't matter, what you provide to this facility and those who call it home. You are a valuable, part of our team and we are so glad you choose to share your precious time and talents! Thank you, just doesn't seem enough, you are valued, appreciated, and loved!

Resident Rights Corner

In an effort to educate and keep our residents informed, we will feature several resident rights each month. If you have any questions please seek out your Social Worker or any other member of the administrative team.



You have the right to:

- To choose your personal attending physician.
- To Help plan your treatment and discharge.

Local Ombudsman:

Connie Grahovac
906-280-0653
grahovacc@upcap.org

Volunteer Opportunities

If you are interested in a wonderful volunteer opportunity, do not hesitate to contact Jessica Schultz. Volunteers of all ages are needed and welcomed for a diverse variety of help. No matter where your interest lies, we will work with you and help make being a volunteer a rewarding and fun job.

Important Information

When bringing in items for residents such as clothes, blankets, shoes, ect, Please turn into the main office or charge nurse to be labeled properly. This will help assure items will get back to the resident.

Resident Birthday Corner

04-08 Kenneth Wilson

04-13 Ruth Koelbl

04-16 Rex Dye

04-20 Jean Wicklund

04-21 Darlene Aberly

04-24 Judith Sundquist

04-25 Evelyn Tucker

04-28 Richard Edgar



April Employee Birthdays

04-05 Heather Berglund

04-05 Kelly Long

04-10 Donna Rosseau

04-11 Makayla Hoffman

04-12 Bethany Meyering

04-13 Paula Haney

04-14 Alexis Heimerl

04-17 Serina Neumann

04-20 Anna Ponchaud

04-21 Jennifer Cole

04-22 Robert Waddell

04-27 Savannah Cole

04-27 Alisa Santi



HAPPY

BIRTHDAY!

Interesting Information

People born in April are very brave and courageous people. You will find them very outgoing and of strong attitude. It is their courage which derives them for better prospects in life. You will find they are sensitive and follow their heart, but take their brain along with them! They are never afraid to take chances and love to research and look up information.

Birthstone: Diamond

Zodiac Sign: Aries

Birth Flower: Daisy and Sweet Pea



Resident in the Spotlight



Marian Vassar

Marian likes to stay active and attends almost all group activities. She especially enjoys Mystery Rides and Live Music. She likes to stop by and visit with others during the day. If you see Marian be sure to congratulate her on being chosen as our

April Resident in the Spotlight

Spotlighted residents are given a 5 dollar candystore certificate and a badge to wear for the month acknowledging their recognition. If you have a resident you would like to see honored, please submit in writing to the editor.

All submissions welcome!

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 S U N S H I N E P C R A Y C V D N R A B B R E D D
 L Q B G W I N H L C H R I A A I N R A A R E L D T
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 G N I L H C T A H E R I S U W C S I A L L E R M U
 T N E L D L O B A O I R D H T S Y E N B A B A S C
 R X T M E O I S L H Y E T O X S P R L N W V G R L
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 I R I G E E C B J Q C N L X M F L L R J D R M V U
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 M D I W G R E F R E S H P E W S R D W Q H Z P R Y
 C D P E P I C N I C C T S E B E O O D S N I B O R
 E B U N N Y Y G Y D H H R L E U Z Z R W M W L N Y

RAIN
 SHOWER
 STORM
 THUNDER
 DAFFODIL
 TULIPS
 MELTING
 WINDY
 MUDDY
 YARD
 EASTER
 BULBS
 BUNNY
 ROBINS
 LILACS
 GARDENTILLER
 SEEDLINGS
 EGGCOLORING
 EGGHUNT
 LENT
 HAMDINNER
 SPROUTS
 YARDWORK
 GRASS
 RIVERS
 DOGPOO
 PLANTING
 BASKETS
 FLOWERS
 SUNSHINE
 UMBRELLA
 RAINCOAT
 PUDDLES
 SPLASHING
 BABYDUCKS
 FRESHAIR
 WALKING
 BIKERIDE
 PICNIC
 CHILLY
 SUNSHINE
 CLOUDY
 OVERCAST
 WINDYDAY
 BUDDING
 REFRESH

Congratulations go to resident Amy Leppanen for guessing our riddle.

You have me today, Tomorrow you'll have more; As your time passes, I'm not easy to store; I don't take up space, But I'm only in one place; I am what you saw, But not what you see.
 What am I? MEMORIES

MONTHLY RIDDLE RULES:

The first person to turn in the correct answer to the publisher (Jessica) wins a great prize! Once you win, you are ineligible for six months to allow for everyone to get a chance. DT Aides and our publisher (front office), do not qualify for the riddle as they see the riddle prior to publication and have an



People make me, keep me, change me, raise me, even though I can be very dirty.

Treat everyone with politeness even those who are rude to you not because they are not nice but because YOU are nice.

Winners are offered a \$15.00 credit towards an ICMCF Shirt or the Wild Rose Cafe

What's Happening in DT



Activity Council—Our Activity Council usually meets the 1st Friday of the Month. Join us on April 5th at 3:00 to help us pick out different activities for the month of May. Hope to see you there!

Resident Council—All residents are invited to attend our April meeting on Tuesday the 9th at 10:30am. We will discuss any concerns or suggestions you may have and review two Resident Rights. There is a suggestion/concern box set up in the library as well.

Rhineland Goodwill— We hope Mother Nature agrees with us as we head to Rhineland Goodwill on Tuesday April 9th. Sign up with DT to attend. We will leave at 9:00am and have lunch on the ride. Maybe we can find some great deals!

Community Breakfast —Come on down to DT on Wednesday April 11th for a wonderful meal. We will have biscuits and gravy, fried potatoes, and fruit. Breakfast is served at 8:30 am, sign up with DT to attend!

Tie Dye Party—We will be having a Tie Dye celebration on Friday April 12th with our friends Bobby Bullet and Pam. Join us at 2:00 pm in the Woodhaven Activity Center for some fun, music, and treats.. We will be making shirts to wear on Monday during crafts.

Amasa Sr. Center—When the food and company is so great, you have to go back:) Sign up with DT to venture to the Amasa Senior Center for lunch on Tuesday April 23rd. Our friends always make sure the food is plentiful and delicious.

Monthly Birthday Party— On Wednesday March 27th we will celebrate all the March Birthdays. Join us for cake, ice cream, and of course some great music. The party will start at 2:00 pm.

DT Cooking and Luncheon—Come and help us prepare a delicious meal on April 29th. We need help making sub sandwiches , potato salad and strawberry shortcake. Those who come down to cook are able to invite a guest to join them for lunch. Come on down to the Woodhaven Activity Center at 9:30.

Church Services-

Catholic Mass: 1st Wednesday of the month & 3rd Tuesday of the month.

United Methodist: 2nd Wednesday of the month.

United Lutheran: 3rd Thursday of the month.

Non-Denominational Bible Study: Every Thursday at 1:00

Hymn Sing: Last Tuesday of the month at 10:00

If you would like to meet with a Clergy member please contact DT and we will assist you to schedule a visit.

The Great Lakes

1. Great Lakes are a chain of interconnected freshwater lakes. They are also known as Laurentian Great Lakes or Great Lakes of North America.
2. These lakes are located in the upper mid-east area of North America – basically on Canada's and USA's border.
3. The St. Lawrence River connects the Lakes to the Atlantic Ocean.
4. Great Lakes are comprised of : Lake Superior, Lake Erie, Lake Michigan, Lake Huron, and Lake Ontario.
5. The name Lake Superior is derived from the French word "ac supérieur" meaning the upper lake which generally refers to its positioning (north of Huron).
6. Ojibwe (indigenous group in North America) people call Lake Superior as gichi-gami. Gichi means big, large or great and Gami refers to either sea, lake, or water.
7. Lake Erie is named from the Erie tribe. The word from which the name is derived is 'erielhonan' – an Iroquoian word which means Long Tail.
8. Lake Michigan is again derived from the language of Ojibwe people. It is derived from mishi-gami where mishi means great, and gami is water or lake.
9. Lake Huron was named after Wyandot (indigenous group in North America) who were known as Hurons.
10. They called Lake Huron as karegnondi. This lake was given different names by travelers like Freshwater Sea, Lake of the Hurons, or lake.



Administrative Staff



Sunshine Stamp



Department of Human Services Board

Chris Thomson.....367-1064
 Donna Ahlberg.....284-1480
 Mike Hedtke.....367-1431

Administrator:

Rob Possanza Administrator.....875-6671 ext 1111

Admissions:

Alyssa Marheine RN Case Manager.....874-1320

Facility Administrative Department Heads

Lesli Arcand R.N.,..... Director of Nursing
 Jacyn Nardi R.N.....Asst Director of Nursing
 Joy Sackmaster R.N.....MDS Coordinator
 Kylie Stapleton R.N.....Risk Manager/Complaints
 Amber Taetsch RNInfection Preventionist
 Lynn Oman.....Accounts Receivable/Resident Billing
 Brandis Larson.....Accounts Payable/Resident Trust Director
 Brooke Ponchaud.....Payroll
 Jill Feldhausen.....Assistant Administrator/Human Resources
 Alisa Santi R.NEducation Director
 Kat Latva.....Health Information Management/Privacy
 Heidi Bociek, CDM.....Director of Dietary Services
 Jessica Schultz.....Diversional Therapy
 Jackie Beaudoin, LBSW.....Social Worker
 Samantha Bannenberg LLMSW.....Social Worker
 Sue Wheeler.....Purchasing Director
 Lindsey Anderson.....Assisted Living Director
 Rich Bekkala.....Director of Physical Plant

Jane Cadieux
 Jessica Carlson
 Savannah Cole
 David Culver
 Elaina Dutcher
 Wendy Hibbard
 Chris Johnson
 Sharon Klima
 Shannon Lambert
 Sharon Leonoff
 Linda McGregor
 Anna Marie Nordstrom
 Camille Peterson
 Laurie Princing
 Gabby Rehm
 Gabby Schultz

Sarah Sliva
 Taylor Talerico
 Kathy Wheeler
 Colleen Zaidel



Facebook Fun.....

Don't forget to "like" and follow us on Facebook. We also update on any important information.



Please check our updated website for important information at:
www.ironcountymcf.com



When you are here visiting your loved one please help them organize & clean out their closet.
 Thank you

Those who can do,
 do. Those who can
 do more, volunteer.
 AUTHOR UNKNOWN

Don't forget to visit us on the web! Our Activity Calendar, Newsletter and Monthly Menu are all available for download and print the first week of each month. (You must have Adobe Acrobat or Reader to print)

www.ironcountymcf.com
www.victorianheights.net



Resident email:

icmcf.resident@ironcountymcf.onmicrosoft.com
 (Please put residents full name in subject area)