

1	Baked Ham Baked Potato & Sr. Cr. Glazed Baby Carrots Lemon Meringue Pie or Roast Turkey Mashed Potatoes & Gry Seasoned Asparagus	Beef Noodle Casserole Seasoned Green Beans or Polish Sausage Mashed Potatoes Wheat Bread Applesause	12	Chicken Cacciatore over Rotini or Salisbury Steak & Gravy Whipped Potatoes Parsley/ Butter Caulf. Garlic Bread Oreo Dessert	Beef Stir Fry & White Rice or Breaded Pork Chop & Whipped Potatoes & Gry Broccoli Florets or Buttered Carrot Coins White Bread & Butter Ice Cream	23	Rose's Pork Chop or Lemon Pepper Brd Fish Scalloped Potatoes Hot Sliced Beets or Mashed Rutabagas Mint Chip Freeze	Beef Pepper Steak & White Rice or Baked Chicken & Gravy & Whipped Potatoes Sliced Carrots or Buttered Zucchini Tropical Fruit Salad
2	Lasagna or Fried Chicken Legs & Mashed Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet	13	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Pumpkin Pie	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears	24	Fried Chicken Legs or Beef Roast & Gravy Whipped Potatoes & Gravy Cream Corn or French Cut Green Beans Black Cherry Gelatin	Spanish Beef & Rice or Ham & Swiss on Rye Broccoli Florets or Cucumber Slices Bread Stick & Butter Chocolate Pudding
3	Baked Pork Chop & Gravy or Country Frd. Steak & Grvy Mashed Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad	14	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Browned Potatoes Seasoned Sauerkraut or Buttered Asparagus Cuts White Bread & Butter Pistachio Pudding	25	Spaghetti & Meat Sauce & Tossed Salad or Rst. Turkey / Gravy & Whipped Potatoes & Steamed Baby Carrots Garlic Bread Gingerbread Cake	Chicken Salad Sandwich or Ham & Cheese on a Roll Cream of Potato Soup or Chicken Rice Soup Ice Cream
4	Chicken Paprika Egg Noodles Seasoned Green Beans or Beef Pepper Steak Mashed Potatoes Seamed Baby Carrots Banana Split Dessert	Chili Grilled Cheese Sandwich or Chicken Vegetable Soup Egg Salad Sandwich Peanut Butter Cookie	15	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Veg. Beef & Potato Soup Appleberry Gelatin	26	Beef Roast & Gravy & Whipped Potatoes or Roasted Chicken & Baked Potato & Sour Cr Green Peas or Green Beans WWheat Bread & Butter Pistachio Pudding	Shredded Porketta Sandwich & Potato Pancakes or Roast Beef Sandwich & Beef & Potato Soup Banana
5	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Blueberry Pie	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Veg. Beef & Potato Soup Strawberry Yogurt Dessert	16	Italian Baked Chicken & Rotini Alfredo or Baked Cod w/dill & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail	27	Deep Fried Fish & Baked Potato & Sour Cr. Or Country Frd. Steak & Gry White Rice Whole Wheat Bread & Butter Coleslaw Mint Brownies	Ham & Cheese Omelete & Cinnamon Roll or Polish Sausage & Oven Browned Potatoes & White Bread & Butter Diced Pears
6	Cod Fish Strips or Baked Chicken & Gravy & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Applesauce Bars	Tuna Noodle Casserole & French Cut Green Beans or Shaved Beef Sandwich Beef & Potato Soup Orange Slices	17	Lawry's Pasty or Baked Chicken & Gravy & Rice Pilaf Whole Wheat Bread & Btr Green Peas or Green Beans Cheesecake/Cherry Sauce	Roast Turkey/Gravy & Mashed Potatoes Mixed Vegetables or Egg Salad Sandwich & Navy Bean and Ham Soup Diced Cantaloupe	28	Baked Chicken & Gravy or Beef Veal Pattie w/ Gry Mashed Potatoes Broccoli Florets or Steamed Baby Carrots Biscuit & Honey Mandarine Oranges	Pickle and Bologna Sand. Or Shaved Turkey Sand. Vegetable Beef Soup or Chicken Rice Soup Fruit Cocktail
7	Swedish Meatballs & Gravy or Rst. Turkey/Gravy Whipped Potatoes Broccoli Florets or Parsley/Butter Caulifl White Bread & Butter Chocolate Cake/BtrCrm Frst	Fried Chicken Legs & French Fries or Baked Meatloaf & Mashed Potatoes Glazed Baby Carrots Vanilla Pudding	18	Swiss Steak & Gravy or Mashed Potatoes or Pork Roast & Pork Gravy Buttered Corn Cucumber Salad Banana Cake/ Crm Chs Frst	Sld Bologna & Chs. Sand. Italian Vegetable Soup or Chicken Salad Sandwich Diced Watermelon Orange Dreamsicle Dessert	29	Baked Ham or Chicken Kiev Au Gratin Potatoes Green Beans or Parsley/Butter Cauliflower Whole Wheat Brd & Butter Apple Pie	Salisbury Steak & Gravy or Breaded Pork Chop Mashed Potatoes Buttered Corn or Waxed Beans Diced Watermelon
8	Roast Pork & Gravy or Chicken Kiev Garden Blend Wild Rice or Mashed Potatoes Seasoned Asparagus Cuts or Garden Salad Whl W Bread & Btr. Miss Piggy Cake	Cabbage Roll or Hamburger Gravy Mashed Potatoes Wax Beans or Winter Blend Vegetables Diced Peaches	19	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & White Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Blind Vegetables or Seasoned Asparagus Cuts Potato Pancakes Chocolate Chip Cookies	30	Italian Sausage & Spaghetti w/Red Sauce or Meatballs & Gravy Mashed Potatoes Onion Bread & Butter Key West Blend Veg. or Lemon Asparagus Cut Carrot Cake	Chicken Ala King & Fluffy Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Chilled Peaches
9	Country Frd. Steak & Gravy or Chicken Cordon Bleu Mashed Potatoes Buttered Corn or Green Beans Whole Wheat Bread & Butter Red Gelatin & Fruit Cocktail	Crispy Baked Fish & Tator Tots or Turkey Tetrazzini Buttered Zucchini or Diced Carrots Spice Cookie	20	New England Brd Fish or Cabbage Roll Oven Browned Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert			
10	Roasted Chicken Mashed Potatoes Green Peas or Rose's Pork Chop Wax Beans Orange Freeze Pie	Barbeque Sandwich or Egg Salad Sandwich Baked Beans Potato Chips Diced Cantaloupe	21	Beef Strogganoff or Chicken Cordon Bleu Egg Noodles Hubbard Squash or Wax Beans Apple Coffee Cake	Beef Veal Pattie w/ Gry & White Rice or Baked Pork & Gravy & Mashed Potatoes Green Peas or Green Beans Mandarin Oranges			
11	Baked Ham & Sweet Potatoes or Chicken Kiev Key West Blend Veg. Corn Bread Muffin & Butter Pineapple Upside-Down Cake	Roast Beef Sandwich & Minestrone Soup or Tuna Salad Sandwich Cream of Mushroom Soup Fruit Cocktail	22	Baked Meatloaf or Chicken Kiev Baked Potato & Sour Cream French Cut Grn Beans or Parsley/Butter Cauliflower WW Bread & Butter Blueberry Buckle Cake	Chicken Pot Pie & Buttered Carrot Coins or Beef & Cheddar Sandwich Beef & Potato Soup Fresh Grapes			