

1	Chicken Cacciatore over Rotini or Salisbury Steak & Gravy Whipped Potatoes Parsley/ Butter Caulf. Garlic Bread Oreo Dessert	Beef Stir Fry & White Rice or Breaded Pork Chop & Whipped Potatoes & Gry Broccoli Florets or Buttered Carrot Coins White Bread & Butter Ice Cream	12	Rose's Pork Chop or Lemon Pepper Brd Fish Scalloped Potatoes Hot Sliced Beets or Mashed Rutabagas Mint Chip Freeze	Beef Pepper Steak & Fluffy Rice or Baked Chicken & Gravy & Mashed Potatoes Sliced Carrots or Buttered Zucchini Tropical Fruit Salad	23	Lemon Pepper Brd. Fish Pars/Btr. Potatoes or Beef Pepper Steak & Fluffy Rice Broccoli Florets Biscuit & Honey Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Mashed Potatoes & Gravy Whole Wheat Brd & Butter Seasoned Spinach or Waxed Beans Molasses Cookies
2	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Pumpkin Pie	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears	13	Fried Chicken Legs or Beef Roast & Gravy Mashed Potatoes & Gravy Cream Corn or French Cut Green Beans Black Cherry Gelatin	Spanish Beef & Rice or Ham & Swiss on Rye Broccoli Florets or Cucumber Slices Bread Stick & Butter Chocolate Pudding	24	Hamburger Gravy or Baked Pork Chop & Gravy Mashed Potatoes Mixed Vegetable or Diced Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears
3	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Browned Potatoes Seasoned Sauerkraut or Buttered Asparagus Cuts White Bread & Butter Pistachio Pudding	14	Spaghetti & Meat Sauce & Tossed Salad or Rst. Turkey / Gravy & Mashed Potatoes & French Cut Beans Garlic Bread Gingerbread Cake	Chicken Salad Sandwich or Ham & Cheese on a Roll Cream of Potato Soup or Chicken Rice Soup Ice Cream	25	Roast Turkey & Gravy & Savory Stuffing or Stuffed Green Peppers & Mashed Potatoes Glazed Baby Carrots or Seasoned Asparagus Cut Peanut Btr Choc Pie	Beef Noodle Casserole or Polish Sausage & Mashed Potatoes Whole Wht Bread & Butter Green Beans Applesauce
4	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Veg. Beef & Potato Soup Appleberry Gelatin	15	Beef Roast & Gravy & Mashed Potatoes or Roasted Chicken & Baked Potato & Sour Cr Green Peas or Green Beans WWheat Bread & Butter Pistachio Pudding	Shredded Porketta Sandwich & Potato Pancakes or Roast Beef Sandwich & Beef & Potato Soup Banana	26	Lasagna or Fried Chicken Legs & Mashed Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet
5	Italian Baked Chicken & Rotini Alfredo or Baked Cod w/dill & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail	16	Deep Fried Fish & Baked Potato & Sour Cr. Or Country Frd. Steak & Gry Fluffy Rice Whole Wheat Bread & Butter Coleslaw Mint Brownies	Ham & Cheese Omelete & Frosted Sweet Roll or Polish Sausage & Oven Browned Potatoes & White Bread & Butter Diced Pears	27	Baked Pork Chop & Gravy or Country Frd. Steak & Gry Mashed Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad
6	Lawry's Pasty or Baked Chicken & Gravy & Rice Pilaf Whole Wheat Bread & Btr Green Peas or Green Beans Cheesecake/Cherry Sauce	Roast Turkey/Gravy & Mashed Potatoes Buttered Corn or Egg Salad Sandwich & Navy Bean and Ham Soup Diced Cantaloupe	17	Baked Chicken & Gravy or Veal with Onion Gravy Mashed Potatoes Broccoli Florets or Steamed Baby Carrots Biscuit & Honey Mandarine Oranges	Pickle and Bologna Sand. Or Shaved Turkey Sand. Vegetable Beef Soup or Chicken Rice Soup Fruit Cocktail	28	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Mashed Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie
7	Swiss Steak & Gravy or Mashed Potatoes or Pork Roast & Pork Gravy Buttered Corn Cucumber Salad Banana Cake/ Crm Chs Frst	Sld Bologna & Chs. Sand. Italian Vegetable Soup or Chicken Salad Sandwich Diced Watermelon Orange Dreamsicle Dessert	18	Baked Ham or Chicken Kiev Au Gratin Potatoes Green Beans or Parsley/Butter Cauliflower Whole Wheat Brd & Butter Apple Pie	Salisbury Steak & Gravy or Breaded Pork Chop Mashed Potatoes Buttered Corn or Waxed Beans Watermelon Cubes	<h1 style="text-align: center;">FEBRUARY</h1>  <h2 style="text-align: center;">St. Valentine's Day</h2> <p style="text-align: center;">February 14</p>  <h3 style="text-align: center;">PRESIDENTS' DAY</h3>		
8	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & White Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Blind Vegetables or Seasoned Asparagus Cuts Potato Pancakes Chocolate Chip Cookies	19	Italian Sausage & Spaghetti w/Red Sauce or Meatballs & Gravy Mashed Potatoes Onion Bread & Butter Key West Blend Veg. or Asparagus Cut Carrot Cake	Chicken Ala King & Fluffy Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Chilled Peaches			
9	New England Brd Fish or Cabbage Roll Oven Browned Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert	20	Beef Roast & Gravy or Chicken Cordon Bleu Roasted Red Potatoes Glazed Baby Carrots Rice Pudding	Pork Chop & Sauerkraut & Mashed Potatoes & Btr & Mixed Vegetable or Egg Salad Sandwich & Chicken Noodle Soup Mandarine Orange Gelatin			
10	Beef Stroganoff or Chicken Cordon Bleu Egg Noodles Hubbard Squash or Parsley Cauliflower Apple Coffee Cake	Veal with Onion Gravy & White Rice or Baked Pork & Gravy & Mashed Potatoes Green Peas or Green Beans Mandarin Oranges	21	Lawry's Pasty or Roasted Porketta & Baked Potato & Sr Crm Tossed Salad or Parsley /Btr Cauliflower Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Ham & Cheese Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake			
11	Baked Meatloaf or Chicken Kiev Baked Potato & Sour Cream French Cut Grn Beans or Parsley/Butter Cauliflower WW Bread & Butter Blueberry Buckle Cake	Chicken Pot Pie & Buttered Carrot Coins or Beef & Cheddar WW Sandwich & Beef & Potato Soup Red Grapes	22	Herbed Chicken & Gravy & Fluffy Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Green Beans W Wheat Dinr Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana			