



1	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Pumpkin Pie	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears	12	Fried Chicken Legs or Beef Roast & Gravy Mashed Potatoes & Gravy Cream Corn or French Cut Green Beans Black Cherry Gelatin	Spanish Beef & Rice or Ham & Swiss on Rye Broccoli Florets or Cucumber Slices Bread Stick & Butter Chocolate Pudding	23	Hamburger Gravy or Baked Pork Chop & Gravy Mashed Potatoes Mixed Vegetable or Diced Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears
2	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Browned Potatoes Seasoned Sauerkraut or Asparagus Cuts White Bread & Butter Pistachio Pudding	13	Spaghetti & Meat Sauce & Tossed Salad or Rst. Turkey / Gravy & Mashed Potatoes & Steamed Baby Carrots Garlic Bread Gingerbread Cake	Chicken Salad Sandwich or Ham & Cheese on a Roll Cream of Potato Soup or Chicken Rice Soup Ice Cream	24	Roast Turkey & Gravy & Savory Stuffing or Stuffed Green Peppers & Mashed Potatoes Glazed Baby Carrots or Seasoned Asparagus Cut Peanut Btr Choc Pie	Beef Noodle Casserole or Polish Sausage & Mashed Potatoes Whole Wht Bread & Butter Green Beans Applesauce
3	Beef Roast & Gravy or Baked Pork Chop & Gry Mashed Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Ham Sandwich or Beef Sandwich Chicken Paprikash Soup or Beef & Potato Soup Appleberry Gelatin	14	Beef Roast & Gravy & Mashed Potatoes or Roasted Chicken & Baked Potato & Sour Cr Green Peas or Green Beans WWheat Bread & Butter Ginger Bread Cake	Shredded Porketta Sandwich & Potato Pancakes or Roast Beef Sandwich Beef & Potato Soup Banana	25	Lasagna or Fried Chicken Legs & Mashed Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet
4	Italian Baked Chicken & Rotini Alfredo or Baked Cod w/dill & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail	15	Deep Fried Fish & Baked Potato & Sour Cr. Or Country Frd. Steak & Gry Fluffy Rice Whole Wheat Bread & Butter Coleslaw Mint Brownies	Ham & Cheese Omelete & Frosted Sweet Roll or Polish Sausage & Oven Browned Potatoes & White Bread & Butter Diced Pears	26	Baked Pork Chop & Gravy or Country Frd. Steak & Gry Mashed Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad
5	Lawry's Pasty or Baked Chicken & Gravy & Rice Pilaf Whole Wheat Bread & Btr Green Peas or Green Beans Cheesecake	Roast Turkey/Gravy & Mashed Potatoes Mixed Vegetables or Egg Salad Sandwich & Navy Bean and Ham Soup Diced Cantaloupe	16	Baked Chicken & Gravy or Veal with Onion Gravy Mashed Potatoes Broccoli Florets or Steamed Baby Carrots Biscuit & Honey Mandarine Oranges	Pickle and Bologna Sand. Or Shaved Turkey Sand. Vegetable Beef Soup or Chicken Rice Soup Fruit Cocktail	27	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Mashed Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie
6	Swiss Steak & Gravy or Mashed Potatoes or Pork Roast & Pork Gravy Buttered Corn Cucumber Salad Banana Cake	Sld Bologna & Chs. Sand. Italian Vegetable Soup or Chicken Salad Sandwich Fresh Watermelon	17	Baked Ham or Chicken Kiev Au Gratin Potatoes Green Beans or Parsley/Butter Cauliflower Whole Wheat Brd & Butter Apple Pie	Salisbury Steak & Gravy or Breaded Pork Chop Mashed Potatoes Buttered Corn or Waxed Beans Watermelon Cubes	28	Beef Roast & Gravy or Chicken Cordon Bleu Whipped Potatoes Green Peas or Green Beans Blueberry Pie	Shaved Turkey Sandwich or Ham & Cheese Sandwich Navy Bean and Ham Soup or Tomato Rice Soup Strawberry Yogurt Dessert
7	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & Fluffy Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Blind Vegetables or Seasoned Asparagus Potato Pancakes Chocolate Chip Cookies	18	Italian Sausage & Spaghetti w/Red Sauce or Meatballs & Gravy Mashed Potatoes Onion Bread & Butter Key West Blend Veg. or Asparagus Cut Carrot Cake	Chicken Ala King & Fluffy Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Chilled Peaches	<h1 style="text-align: center;">FEBRUARY</h1>  <h2 style="text-align: center;">St. Valentine's Day February 14</h2>  <h3 style="text-align: center;">PRESIDENTS' DAY</h3>		
8	New England Brd Fish or Cabbage Roll Oven Browned Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert	19	Beef Roast & Gravy or Chicken Cordon Bleu Roasted Red Potatoes Glazed Baby Carrots Rice Pudding	Pork Chop & Sauerkraut & Mashed Potatoes & Btr & Mixed Vegetable or Egg Salad Sandwich & Chicken Noodle Soup Mandarine Orange Gelatin			
9	Beef Stroganoff or Chicken Cordon Bleu Egg Noodles Hubbard Squash or Wax Beans Apple Coffee Cake	Veal with Onion Gravy & White Rice or Baked Pork & Gravy & Mashed Potatoes Green Peas or Green Beans Mandarin Oranges	20	Lawry's Pasty or Roasted Porketta & Baked Potato & Sr Crm Tossed Salad or Parsley /Btr Cauliflower Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Beef & Cheddar Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake			
10	Baked Meatloaf or Chicken Kiev Baked Potato & Sour Cream Buttered Carrot Coins or Parsley/Butter Cauliflower WW Bread & Butter Blueberry Buckle Cake	Chicken Pot Pie & Fresh Cut Green Beans or Beef & Cheddar WW Sandwich & Beef & Potato Soup Red Grapes	21	Herbed Chicken & Gravy & Fluffy Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Green Beans W Wheat Dinn Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana			
11	Rose's Pork Chop or Lemon Pepper Brd Fish Scalloped Potatoes Hot Sliced Beets or Mashed Rutabagas Mint Chip Freeze	Beef Pepper Steak & Fluffy Rice or Baked Chicken & Gravy & Mashed Potatoes Seasoned Asparagus or Buttered Zucchini Tropical Fruit Salad	22	Lemon Pepper Brd. Fish Pars/Btr. Potatoes or Beef Pepper Steak & Fluffy Rice Broccoli Florets Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Mashed Potatoes & Gravy Whole Wheat Brd & Butter Seasoned Spinach or Waxed Beans Molasses Cookies			