

1	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Pumpkin Pie	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears	12	Fried Chicken Legs or Beef Roast & Gravy Whipped Potatoes & Gravy Cream Corn or French Cut Green Beans Black Cherry Gelatin	Spanish Beef & Rice or Ham & Swiss on Rye Broccoli Florets or Cucumber Slices Bread Stick & Butter Chocolate Pudding	23	Hamburger Gravy or Baked Pork Chop & Gravy Whipped Potatoes Mixed Vegetable or Diced Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears
2	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Browned Potatoes Seasoned Sauerkraut or Buttered Asparagus Cuts White Bread & Butter Pistachio Pudding	13	Spaghetti & Meat Sauce & Tossed Salad or Rst. Turkey / Gravy & Whipped Potatoes & Steamed Baby Carrots Garlic Bread Gingerbread Cake	Chicken Salad Sandwich or Ham & Cheese on a Roll Cream of Potato Soup or Chicken Rice Soup Ice Cream	24	Roast Turkey & Gravy & Savory Stuffing or Stuffed Green Peppers & Mashed Potatoes Glazed Baby Carrots or Buttered Asparagus Cut Peanut Btr Choc Pie	Beef Noodle Casserole or Polish Sausage & Mashed Potatoes Whole Wht Bread & Butter Green Beans Applesauce
3	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Beef & Potato Soup Appleberry Gelatin	14	Beef Roast & Gravy & Mashed Potatoes or Roasted Chicken Baked Potato & Sr. Cr. Green Peas or Steamed Green Beans Pistachio Pudding	Shredded Porketta Sandwich Potato Pancakes or Roast Beef Sandwich Beef & Potato Soup Banana	25	Lasagna or Fried Chicken Legs & Whipped Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet
4	Italian Baked Chicken & Rotini Alfredo or Baked Cod & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail	15	Deep Fried Fish & Baked Potato & Sour Cr. Or Country Frd. Steak & Gry White Rice Whole Wheat Bread & Butter Coleslaw Mint Brownies	Ham & Cheese Omelet & Cinnamon Roll or Polish Sausage & Oven Browned Potatoes & White Bread & Butter Diced Pears	26	Baked Pork Chop & Gravy or Country Frd. Steak & Gry Whipped Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad
5	Lawry's Pasty or Baked Chicken & Gry & Chicken Rice Pilaf Green Peas or Green Beans Cheesecake with Fruit Sauce	Diced Turkey Gravy Mashed Potatoes Mixed Vegetables or Egg Salad Sandwich Navy Bean & Ham Soup Fresh Cantaloupe	16	Baked Chicken & Gravy or Veal with Onion Gravy Whipped Potatoes Broccoli Florets or Steamed Baby Carrots Biscuit Mandarine Oranges	Pickle and Bologna Sand. Or Shaved Turkey Sand. Vegetable Beef Soup or Chicken Rice Soup Fruit Cocktail	27	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Whipped Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie
6	Swiss Steak & Gravy or Roast Pork & Gravy Whipped Potatoes Buttered Corn Cucumber Salad Banana Cake/ Crm Chs Frst	Sld Bologna & Chs. Sand. or Chicken Salad Sandwich Italian Vegetable Soup Diced Watermelon Orange Dreamsicle Dessert	17	Baked Ham or Chicken Kiev Au Gratin Potatoes Green Beans or Parsley/Butter Cauliflower Whole Wheat Brd & Butter Apple Pie	Salisbury Steak & Gravy or Breaded Pork Chop Whipped Potatoes Buttered Corn or Waxed Beans Diced Watermelon	28	Beef Roast & Gravy or Chicken Cordon Bleu Whipped Potatoes Green Peas or Green Beans Blueberry Pie	Shaved Turkey Sandwich or Ham & Cheese Sandwich Navy Bean and Ham Soup or Tomato Rice Soup Strawberry Yogurt Dessert
7	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & White Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Blnd Vegetables or Buttered Asparagus Cuts Potato Pancakes Chocolate Chip Cookies	18	Italian Sausage & Spaghetti w/Red Sauce or Meatballs & Gravy Mashed Potatoes Onion Bread & Butter Key West Blend Veg. or Seasoned Asparagus Carrot Cake	Chicken Ala King & White Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Diced Peaches	29	Cod Fish Strips or Baked Chicken & Gravy & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Applesauce Bars	Tuna Noodle Casserole & French Cut Green Beans or Beef Sandwich & Vegetable Ham Soup Orange Slices
8	New England Brd Fish or Cabbage Roll Oven Browned Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert	19	Beef Roast & Gravy or Chicken Cordon Bleu Parsley Btr. Red Potatoes Glazed Baby Carrots Rice Pudding	Pork Chop & Sauerkraut & Whp. Potatoes & Butter & Mixed Vegetable or Egg Salad Sandwich & Chicken Noodle Soup Mandarine Orange Gelatin	30	Swedish Meatballs & Gravy or Rst. Turkey/Gravy Whipped Potatoes Mixed Vegetable or Broccoli Florets or Parsley/Butter Caulifl White Bread & Butter Chocolate Cake/BtrCrm Frst	Fried Chicken Legs & French Fries or Baked Meatloaf & Whipped Potatoes Glazed Baby Carrots Vanilla Pudding
9	Beef Stroganoff or Chicken Cordon Bleu Egg Noodles Hubbard Squash or Waxed Beans Apple Coffee Cake	Veal with Onion Gravy & White Rice or Baked Pork & Gravy & Whipped Potatoes Green Peas or Green Beans Mandarin Oranges	20	Lawry's Pasty or Roasted Porketta & Baked Potato & Sr Crm Tossed Salad or Parsley /Btr Cauliflower Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Beef & Cheddar Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake	31	Roast Pork & Gravy or Chicken Kiev Garden Blend Wild Rice or Mashed Potatoes Seasoned Asparagus Cuts or Wax Beans Wheat Bread Miss Piggy Cake	Cabbage Roll or Hamburger Gravy Mashed Potatoes Wax Beans or Winter Blend Vegetables Diced Peaches
10	Baked Meatloaf or Chicken Kiev Baked Potato & Sour Cream French Cut Grm Beans or Parsley/Butter Cauliflower Wheat Bread & Butter Blueberry Buckle Cake	Chicken Pot Pie Diced Carrots or Beef & Cheddar Sandwich Beef & Potato Soup Fresh Grapes	21	Herbed Chicken & Gravy & White Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Green Beans W Wheat Dnr Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana			
11	Rose's Pork Chop or Lemon Pepper Brd Fish Scalloped Potatoes Hot Sliced Beets or Mashed Rutabagas Mint Chip Freeze	Beef Pepper Steak & White Rice or Baked Chicken & Gravy & Whipped Potatoes Seasoned Asparagus or Buttered Zucchini Tropical Fruit Salad	22	Lemon Pepper Brd. Fish Pars/Btr. Red Potatoes or Beef Pepper Steak & White Rice Broccoli Florets Biscuit & Honey Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Whipped Potatoes & Gravy Whole Wheat Brd & Butter Chopped Spinach or Waxed Beans Molasses Cookies			