


1	Lawry's Pasty & Ketchup or Roasted Porketta & Baked Potato & Sour Cr. Tossed Salad or Parsley/Butter Caulif. & Whole Wht Bread & Btr. Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Beef & Cheese Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake	12	Roast Pork & Gravy or Chicken Kiev Garden Blend Wild Rice or Mashed Potatoes Asparagus or Garden Salad Whl Wheat Bread & Btr. Miss Piggy Cake	Cabbage Roll or Hamburger Gravy Mashed Potatoes Wax Beans or Winter Blend Vegetables Diced Peaches	23	Hot Dog / Onion & Relish or Hamburger Onion & Pickle Potato Salad Baked Beans Angel Food Cake & Strawb.	Beef Stew & Corn Bread Muffin or Chicken Ala King & Mashed Potatoes Diced Pears
2	Herbed Chicken & Gravy & White Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Grean Beans W Wheat Dinr Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana	13	Cheese Ravioli & Ital. Tomato & Meat Sauce & Tossed Salad or Turkey & Gravy over White Rice & Capri Blend Vegetables Garlic Bread Miss Piggy Cake	Chicken Strips & French Fries & Broccoli Florets or Beef Roast & Gravy & Mashed Potatoes Roasted Butternut Squash Ambrosia Dessert	24	Deep Fried Fish & Baked Potato & Sour Cr. or Baked Chicken & Gravy Buttered Corn & Mashed Potatoes Coleslaw Cantaloupe	Chickin Kiev & Rice Pilaf or Salisbury Steak & Gravy & Mashed Potatoes Mixed Vegetable or Carrots Fruit Cocktail
3	Lemon Pepper Brd. Fish Pars/Btr. Red Potatoes or Beef Pepper Steak & White Rice Broccoli Florets Biscuit Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Whipped Potatoes & Gravy Whole Wheat Brd & Butter Spinach or Waxed Beans Molasses Cookies	14	Baked Pork Chop & Gravy & Parsley Red Potatoes & Green Peas or Lawry's Pasty & Ketchup Green Beans Black Forest Brownie	Salisbury Steak & Gravy or Baked Chicken Mashed Potatoes Buttered Corn or Steamed Green Beans Sherbet	25	Italian Baked Chicken & Rotini Alfredo or Beef Roast & Gravy & Mashed Potatoes Whole Wh. Bread & Butter Broccoli Florets or Buttered Zucchini Raspberry Bar	Scalloped Potato & Ham & Green Peas or Chicken Salad Sandwich & Chicken Dumpling Soup Chocolate Pudding
4	Hamburger Gravy or Baked Pork Chop & Gravy Mashed Potatoes Mixed Vegetable or Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears	15	Herbed Chicken & Gravy & Egg Noodles or Salisbury Steak & Gravy & Mashed Potatoes Whole Wheat Brd & Butter Green Beans or Buttered Carrots Pear Lime Gelatin	Ham Sandwich or Shaved Turkey Sandwich Navy Bean and Ham Soup Peanut Butter Cookie	26	Roast Pork & Gravy or Stuffed Green Peppers Garden Blend Wild Rice Normandy Blend Vegetables or Wax Beans Whole Wheat Brd & Butter Jello -O Cake	Hamburger Gravy & Mashed Potatoes & Glazed Baby Carrots or Egg Salad Sandwich & Cream of Potato Soup Honey Dew
5	Roast Turkey/Gravy & Savory Stuffing or Stuffed Green Peppers & Mashed Potatoes Glazed Baby Carrots or Asparagus Peanut Butter Choc Pie	Beef Noodle Casserole or Polish Sausage & Mashed Potatoes Whole Wht Bread & Butter Green Beans Applesauce	16	Hamburger on a Bun or BBQ Pulled Pork Sand. Coleslaw Trio Baked Beans Potato Salad Blueberry Pie	Beef Stir Fry & White Rice Broccoli Florets or Breaded Pork Chop Macaroni & Cheese Asparagus White Bread & Butter Diced Peaches	27	Baked Cod & Melted Btr. or Roast Turkey/Gravy Parsley Buttered Potatoes Key West Blend Vegetable or Carrots WWheat Roll & Butter Banana Split Dessert	Barbeque Sandwiches or Chicken Salad Sandwich Potato Pancakes Grapes
6	Lasagna or Fried Chicken Legs & Mashed Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Seasoned Beets Whole Wheat Brd & Butter Sherbet	17	Lemon Pepper Brd Fish & Parsly Btr. Red Potatoes or Lawry's Pasty & Ketchup Coleslaw Creamy Raspberry Dessert	Baked Ham or Chicken Kiev Au Gratin Potatoes Swedish Rye Bread & Butter Cantaloupe	28	Lasagna & Broccoli Florets or Chicken Kiev & Mashed Potatoes & Mixed Vegetable Garlic Bread Upside-down Cake	Beef Tips & Mushrooms & Mashed Potatoes & Buttered Corn or Egg Salad Sandwich & Chicken Rice Soup Fresh Fruit
7	Baked Pork Chop & Gravy or Country Frd. Steak & Grvy Mashed Potatoes Buttered Corn or Wax Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Carrots or Buttered Zucchini Tropical Fruit Salad	18	Country Fried Steak & Gravy or Fried Chicken Legs Mashed Potatoes Cream Corn or French Cut Green Beans Pumpkin Bar	Chicken Stew over a Split Biscuit & Skandinavian Blend Veg. or Ham Sandwich & Tomato Soup Watermelon	29	BBQ Chicken Baked Potato & Sour Cream or Beef Roast & Gravy & Mashed Potatoes Green Peas or Green Beans Chocolate Cream Pie	Pickle & Bologna Sandwich or Tuna Salad Sandwich Cream of Potato Soup Banana
8	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Mashed Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie	19	Roast Turkey & Gravy & Savory Stuffing or Beef Roast & Gravy Mashed Potatoes Glazed Baby Carrots or Green Peas Apple Pie	Pizza Casserole or Crispy Baked Fish & Parsley Buttered Potatoes Green Beans or Seasoned Spinach Ice Cream	30	Shredded Porketta Sandwich or Hamburger/Pickle & Onion Baked Beans Coleslaw Ice Cream	Salisbury Steak/Mush Sauce or Baked Ham Parsly Butter Red Potatoes Hubbard Squash or Wax Beans Peaches
9	Beef Roast & Gravy or Chicken Cordon Bleu Mashed Potatoes Grean Peas or Green Beans Blueberry Pie	Shaved Turkey Sandwich or Ham & Cheese Sandwich Navy Bean and Ham Soup or Tomato Rice Soup Strawberry Yogurt Dessert	20	Chicken Paprika & Egg Noodles or Veal with Onion Gravy Mashed Potatoes Buttered Carrots or Parsley/Butter Cauliflower WW Dinner Roll & Butter Mandarin Orange Gelatin	Polish Sausage/ Saurkrat or Salisbury Steak & Gravy American Fried Potatoes French Cut Green Beans or Beets White Bread & Butter Red Grapes	31	Crispy Baked Fish & Macaroni & Cheese or Hamburger Gravy & Mashed Potatoes & Prince Charles Blind Veggies. or Parsley/Butter Cauliflower Black Cherry Gelatin	Beef & Pork Chop Suey & Fluffy Rice or Baked Chicken & Gravy & Mashed Potatoes & Diced Carrots White Bread & Butter Mandarin Oranges
10	Cod Fish Strips or Baked Chicken & Gravy & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Applesauce Bars	Tuna Noodle Casserole & French Cut Green Beans or Shaved Beef Sandwich & Beed & Potato Soup Orange Slices	21	Italian Sausage & Spaghetti & Red Sauce or Baked Chicken & Gravy Mashed Potatoes Garlic Bread Yellow Cake / Choco. Frost.	Stuffed Green Peppers Mashed Potatoes & Gravy & Mixed Vegetable or Turkey & Bacon Croissant & Tossed Salad Chocolate Chip Cookie			
11	Swedish Meatballs & Gravy or Rst. Turkey & Gravy Mashed Potatoes Broccoli Florets or Parsley/Butter Caulifl White Bread & Butter Chocolate Cake/BtrCrm Frst	Fried Chicken Legs & French Fries or Baked Meatloaf & Mashed Potatoes Glazed Baby Carrots Vanilla Pudding	22	Hamburger Deep Dish Pie or Roast Turkey /Gravy Mashed Potatoes & White Bread & Butter Buttered Corn or Green Beans Ice Cream	Egg Salad Sandwich or Sld Bologna & Chs. Sand. Split Pea Soup or Chicken Noodle Soup Watermelon			