

1	Beef Roast & Gravy & Whipped Potatoes or Roasted Chicken & Baked Potato & Sour Cr Green Peas or Green Beans WWheat Bread & Butter Pistachio Pudding	Shredded Porketta Sandwich & Potato Pancakes or Roast Beef Sandwich & Beef & Potato Soup Banana	12	Lasagna or Fried Chicken Legs & Whipped Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet	23	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Oreo Dessert	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears
2	Deep Fried Fish & Baked Potato & Sour Cr. Or Country Frd. Steak & Gry White Rice Whole Wheat Bread & Butter Coleslaw Mint Brownies	Ham & Cheese Omelete & Cinnamon Roll or Polish Sausage & Oven Browned Potatoes & White Bread & Butter Diced Pears	13	Baked Pork Chop & Gravy or Country Frd. Steak & Gry Whipped Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad	24	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Browned Potatoes Seasoned Sauerkraut or Buttered Asparagus Cuts White Bread & Butter Pistachio Pudding
3	Baked Chicken & Gravy or Veal with Onion Gravy Whipped Potatoes Broccoli Florets or Steamed Baby Carrots Biscuit & Honey Mandarin Oranges	Pickle and Bologna Sand. Or Shaved Turkey Sand. Vegetable Beef Soup or Chicken Rice Soup Fruit Cocktail	14	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Whipped Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie	25	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Veg. Beef & Barley Soup Appleberry Gelatin
4	Baked Ham or Chicken Kiev Au Gratin Potatoes Green Beans or Parsley/Butter Cauliflower Whole Wheat Brd & Butter Apple Pie	Salisbury Steak & Gravy or Breaded Pork Chop Whipped Potatoes Buttered Corn or Waxed Beans Diced Watermelon	15	Beef Roast & Gravy or Chicken Cordon Bleu Whipped Potatoes Green Peas or Green Beans Blueberry Pie	Shaved Turkey Sandwich or Ham & Cheese Sandwich Navy Bean and Ham Soup or Tomato Rice Soup Strawberry Yogurt Dessert	26	Italian Baked Chicken & Rotini Alfredo or Baked Cod & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail
5	Italian Sausage & Spaghetti w/Red Sauce or Meatballs & Gravy Whipped Potatoes Onion Bread & Butter Key West Blend Veg. or Buttered Asparagus Cut Carrot Cake	Chicken Ala King & White Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Diced Peaches	16	Cod Fish Strips or Baked Chicken & Gravy & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Applesauce Bars	Tuna Noodle Casserole & French Cut Green Beans or Ham Sandwich & Vegetable Ham Soup Orange Slices	27	Lawry's Pasty or Baked Chicken & Gravy & Rice Pilaf Whole Wheat Bread & Btr Green Peas or Green Beans Cheesecake/Cherry Sauce	Roast Turkey/Gravy & Whipped Potatoes Buttered Corn or Egg Salad Sandwich & Navy Bean and Ham Soup Diced Cantaloupe
6	Beef Roast & Gravy or Chicken Cordon Bleu Parsley Btr. Red Potatoes Glazed Baby Carrots Rice Pudding	Pork Chop & Sauerkraut & Whp. Potatoes & Butter & Mixed Vegetable or Egg Salad Sandwich & Chicken Noodle Soup Mandarin Orange Gelatin	17	Swedish Meatballs & Gravy or Rst. Turkey/Gravy Whipped Potatoes Broccoli Florets or Parsley/Butter Cauliff White Bread & Butter Chocolate Cake/BtrCrm Frst	Fried Chicken Legs & French Fries or Baked Meatloaf & Whipped Potatoes Glazed Baby Carrots Vanilla Pudding	28	Swiss Steak & Gravy or Roast Pork & Gravy Whipped Potatoes Buttered Corn Cucumber Salad Banana Cake/ Crm Chs Frst	Sld Bologna & Chs. Sand. or Chicken Salad Sandwich Italian Vegetable Soup Diced Watermelon Orange Dreamsicle Dessert
7	Lawry's Pasty or Roasted Porketta & Baked Potato & Sr Crm Tossed Salad or Parsley /Btr Cauliflower Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Ham & Cheese Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake	18	Roast Pork & Gravy or Chicken Kiev Garden Blend Wild Rice or Whipped Potatos Buttered Asparagus Cuts or Garden Salad Whl W Bread & Btr. Miss Piggy Cake	Cabbage Roll or Hamburger Gravy Whipped Potatoes Waxed Beans or Winter Blend Vegetables Diced Peaches	29	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & White Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Bnd Vegetables or Buttered Asparagus Cuts Potato Pancakes Chocolate Chip Cookies
8	Herbed Chicken & Gravy & White Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Green Beans W Wheat Dinr Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana	19	Country Frd. Steak & Gravy or Chicken Cordon Bleu Whipped Potatoes Buttered Corn or Green Beans Red Jell-O w/ Fruit Cocktail	Crispy Baked Fish & Tator Tots or Turkey Tetrazzini Buttered Zucchini or Diced Carrots Spice Cookie	30	New England Brd Fish or Cabbage Roll Oven Browned Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert
9	Lemon Pepper Brd. Fish Pars/Btr. Red Potatoes or Beef Pepper Steak & White Rice Broccoli Florets Biscuit & Honey Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Whipped Potatoes & Gravy Whole Wheat Brd & Butter Chopped Spinach or Waxed Beans Molasses Cookies	20	Roasted Chicken or Rose's Pork Chop Whipped Potatoes & Gravy Green Peas or Waxed Beans Orange Freeze Pie	Barbeque Sandwich or Egg Salad Sandwich Baked Beans Potato Chips Diced Cantaloupe	<h1 style="text-align: center;">NOVEMBER</h1> 		
10	Hamburger Gravy or Baked Pork Chop & Gravy Whipped Potatoes Mixed Vegetable or Diced Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears	21	Baked Ham or Chicken Kiev Sweet Potatoes Key West Blend Veg. Corn Bread Muffin Pineapple Upsd-dwn Cake	Roast Beef Sandwich & Minestrone Soup or Tuna Salad Sandwich Cream of Mushroom Soup Fruit Cocktail			
11	Roast Turkey & Gravy & Savory Stuffing or Stuffed Green Peppers & Mashed Potatoes Glazed Baby Carrots or Buttered Asparagus Cut Peanut Btr Choc Pie	Beef Noodle Casserole or Polish Sausage & Mashed Potatoes Whole Wht Bread & Butter Green Beans Applesauce	22	Roast Turkey & Gravy or Baked Ham Whipped Potatoes Savory Stuffing Green Bean Casserole Dinner Roll & Butter Pumpkin Pie	Pickle and Bologna Sand. Or Chicken Salad Sand. Navy Bean & Ham Soup or Chicken Rice Soup Ice Cream			

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