

1	Italian Sausage Spaghetti & Red Sauce or Beef Meatballs & Gry & Mashed Potatoes Seasoned Asparagus Onion Bread Carrot Cake	Chicken Ala King & White Rice & Broccoli Florets or Ham & Swiss on Rye Cream Of Potato Soup Diced Peaches	12	Cod Fish Strips or Baked Chicken & Gravy & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Applesauce Bars	Tuna Noodle Casserole & French Cut Green Beans or Shaved Beef Sandwich Beef & Potato Soup Orange Slices	23	Lawry's Pasty or Baked Chicken & Gravy & Rice Pilaf Whole Wheat Bread & Btr Green Peas or Green Beans Cheesecake/Cherry Sauce	Roast Turkey/Gravy & Whipped Potatoes Buttered Corn or Egg Salad Sandwich & Navy Bean and Ham Soup Diced Cantaloupe
2	Beef Roast & Gravy & Parsley Buttered Red Potatoes or Chicken Cordon Bleu Glazed Baby Carrots White Bread Rice Pudding	Pork Chop & Sauerkraut Mashed Potatoes Mixed Vegetable or Egg Salad Sandwich & Chicken Noodle Soup Mandarine Orange Gelatin	13	Swedish Meatballs & Gravy or Rst. Turkey/Gravy Whipped Potatoes Broccoli Florets or Parsley/Butter Caulifl White Bread & Butter Chocolate Cake/BtrCrm Frst	Fried Chicken Legs & French Fries or Baked Meatloaf & Whipped Potatoes Glazed Baby Carrots Vanilla Pudding	24	Swiss Steak & Gravy or Whipped Potatoes or Roast Pork & Gravy Buttered Corn Cucumber Salad Banana Cake/ Crm Chs Frst	Sld Bologna & Chs. Sand. Italian Vegetable Soup or Chicken Salad Sandwich & Potato Chips Diced Watermelon Orange Dreamsicle Dessert
3	Lawry's Pasty or Roasted Porketta & Baked Potato & Sr Crm Tossed Salad or Parsley Cauliflower Tropical Fruit Salad	Chicken Salad Sandwich or Grilled Ham & Cheese Chicken Dumpling Soup or Cream of Broccoli Soup Jell-O Cake	14	Roast Pork & Gravy or Chicken Kiev Garden Blend Wild Rice or Whipped Potatos Buttered Asparagus Cuts or Garden Salad Whl W Bread & Btr. Miss Piggy Cake	Cabbage Roll or Hamburger Gravy Whipped Potatoes Waxed Beans or Winter Blend Vegetables Diced Peaches	25	Breaded Pork Chop & Parsly Btr. Red Potatoes or Herbed Chicken & Gravy & White Rice Glazed Baby Carrots or Green Peas Bread Pudding	Hot Italian Beef or Baked Ham Italian Blind Vegetables or Buttered Asparagus Cuts Potato Pancakes Chocolate Chip Cookies
4	Herbed Chicken & Gravy & Fluffy Rice or Baked Ham & Baked Sweet Potatoes Green Peas or Green Beans W Wheat Dnr Roll & Butter Applesauce Bars	Beef Tips & Mushrooms & Egg Noodles & Buttered Corn or Pickle and Bologna Sand & Split Pea Soup Banana	15	Country Frd. Steak & Gravy or Chicken Cordon Bleu Whipped Potatoes Buttered Corn or Green Beans Red Jell-O w/ Fruit Cocktail	Crispy Baked Fish & Tator Tots or Turkey Tetrazzini Buttered Zucchini or Diced Carrots Spice Cookie	26	New England Brd Fish or Cabbage Roll Oven Brownd Potatoes Broccoli Florets or Green Beans Dinner Roll & Butter Sherbet	Sizzler Steak Sandwich or Tuna Melt Sandwich Tator Tots Butterfinger Dessert
5	Lemon Pepper Brd. Fish Pars/Btr. Potatoes or Beef Pepper Steak & Fluffy Rice Broccoli Florets Biscuit Creamy Raspberry Dessert	Macaroni and Cheese or Chicken Kiev Mashed Potatoes & Gravy Whole Wheat Brd & Butter Seasoned Spinach or Wax Beans Molasses Cookies	16	Roasted Chicken or Rose's Pork Chop Whipped Potatoes & Gravy Green Peas or Waxed Beans Orange Freeze Pie	Barbeque Sandwich or Egg Salad Sandwich Baked Beans Potato Chips Diced Cantaloupe	27	Beef Stroganoff or Chicken Cordon Bleu Egg Noodles Hubbard Squash or Waxed Beans Coffee & Apple Cake	Veal with Onion Gravy & White Rice or Baked Pork & Gravy & Whipped Potatoes Green Peas or Green Beans Mandarin Oranges
6	Hamburger Gravy or Baked Pork Chop & Gravy Mashed Potatoes Mixed Vegetable or Diced Carrots Cherry Cobbler	Ham & Swiss on Rye or Egg Salad Sandwich Italian Vegetable Soup Diced Pears	17	Baked Ham or Chicken Kiev Sweet Potatoes Key West Blend Veg. Corn Bread Muffin Pineapple Upsd-dwn Cake	Roast Beef Sandwich & Minestrone Soup or Tuna Salad Sandwich Cream of Mushroom Soup Fruit Cocktail	28	Baked Meatloaf or Chicken Kiev Baked Potato & Sour Cream French Cut Grn Beans or Parsley/Butter Cauliflower Wheat Bread & Butter Blueberry Buckle Cake	Chicken Pot Pie Diced Carrots or Beef & Cheddar Sandwich Beef & Potato Soup Red Grapes
7	Roast Turkey & Gravy Savory Stuffing Glazed Baby Carrots or Stuffed Green Peppers Mashed Potatoes Seasoned Asparagus Peanut Butter Choc. Pie	Beef Noodle Casserole Steamed Green Beans or Polish Sausage Mashed Potatoes Wheat Bread Applesauce	18	Chicken Cacciatore over Rotini or Salisbury Steak & Gravy Whiipped Potatoes Parsley/ Butter Caulf. Garlic Bread Oreo Dessert	Beef Stir Fry & White Rice or Breaded Pork Chop & Whipped Potatoes & Gry Broccoli Florets or Buttered Diced Carrots White Bread & Butter Ice Cream	29	Rose's Pork Chop or Lemon Pepper Brd Fish Scalopped Potatoes Hot Sliced Beets or Mashed Rutabagas Mint Chip Freeze	Beef Pepper Steak & White Rice or Baked Chicken & Gravy & Whipped Potatoes Sliced Carrots or Buttered Zucchini Tropical Fruit Salad
8	Lasagna or Fried Chicken Legs & Whipped Potatoes/Gravy Green Peas Tossed Salad Garlic Bread Pumpkin Bar	Ring Bologna or Baked Cod w/ Melt. Btr. Parsley Buttered Potatoes Broccoli Florets or Hot Sliced Beets Whole Wheat Brd & Butter Sherbet	19	Breaded Fish Sandwich or Hamburger Onion & Pickle Capri Blend Vegetables or Cucumber Slices Pumpkin Pie	Chicken Stew over a Split Biscuit or Creamed Chipped Beef over Wheat Toast Green Beans or Broccoli Florets Diced Pears	30	Fried Chicken Legs or Beef Roast & Gravy Whipped Potatoes & Gravy Cream Corn or French Cut Green Beans Black Cherry Gelatin	Spanish Beef & Rice or Ham & Swiss on Rye Broccoli Florets or Cucumber Slices Bread Stick & Butter Chocolate Pudding
9	Baked Pork Chop & Gravy or Country Frd. Steak & Grvy Whipped Potatoes Buttered Corn or Waxed Beans Pear Lime Gelatin	Hamburger Deep Dish Pie or Chicken Salad Sandwich Diced Carrots or Buttered Zucchini Tropical Fruit Salad	20	Hamburger Soup or Chicken Vegetable Soup Swedish Rye Bread & Butter & Sliced Cheese or Egg Salad Sandwich Pickled Beet Salad Applesauce Cake	Polish Sausage or Meatballs & Gravy Oven Brownd Potatoes Seasoned Sauerkraut or Buttered Asparagus Cuts White Bread & Butter Pistachio Pudding	31	Spaghetti & Meat Sauce & Tossed Salad or Rst. Turkey / Gravy & Whipped Potatoes & Steamed Baby Carrots Garlic Bread Gingerbread Cake	Chicken Salad Sandwich or Ham & Cheese on a Roll Cream of Potato Soup or Chicken Rice Soup Ice Cream
10	Chicken Paprika & Egg Noodles or Beef Pepper Steak & Whipped Potatoes Green Beans or Steamed Baby Carrots White Bread & Butter Banana Split Dessert	Chili or Chicken Vegetable Soup Grilled Cheese Sandwiches or Egg Salad Sandwich Peanut Butter Cookie	21	Beef Roast & Gravy or Baked Pork Chop & Gry Whipped Potatoes Glazed Baby Carrots or Green Beans Whole Wheat Bread & Btr. Peach Cobbler	Shaved Ham Sandwich or Sliced Beef Sandwich Chicken Paprikash Soup or Veg. Beef & Barley Soup Appleberry Gelatin			
11	Beef Roast & Gravy or Chicken Cordon Bleu Whipped Potatoes Green Peas or Green Beans Blueberry Pie	Shaved Turkey Sandwich or Ham & Cheese Sandwich Navy Bean and Ham Soup or Tomato Rice Soup Strawberry Yogurt Dessert	22	Italian Baked Chicken & Rotini Alfredo or Baked Cod & Au Gratin Potatoes French Cut Green Beans or Buttered Zucchini Angel Food Cake & Strbry.	Hamburger/Pickle & Onion or Ham & Cheese on a Roll Baked Beans Potato Chips Fruit Cocktail			