

1	Baked Pork Chop & Gravy & Parsley Red Potatoes Green Peas or Beef Pasty & Ketchup & Green Beans Black Forest Brownie	Salisbury Steak & Gravy or Baked Chicken & Gravy Mashed Potatoes Buttered Corn or Green Beans Sherbet	12	Italian Baked Chicken & Rotini Alfredo or Beef Roast & Gravy & Mashed Potatoes Whole Wh. Bread & Butter Broccoli Florets or Buttered Zucchini Raspberry Bar	Scalloped Potato & Ham & Green Peas or Chicken Salad Sandwich & Chicken Dumpling Soup Chocolate Pudding	23	Bratwurst on a Bun Or Grilled Chicken Sandwich Baked Beans Potato Salad Strawberry Pretzel Dessert	Shaved Turkey Sandwich & Turkey Vegetable Soup or Roast Beef Sandwich & Beef & Potato Soup Fresh Grapes
2	Hamburger Onion & Pickle or Grilled Chicken Sandwich Potato Salad Baked Beans Fresh Fruit	Ham Sandwich or Shaved Turkey Sandwich Navy Bean and Ham Soup Peanut Butter Cookie	13	Roast Pork & Gravy or Stuffed Green Peppers Garden Blend Wild Rice Normandy Blend Vegetables or Waxed Beans Whole Wheat Brd & Butter Jello -O Cake	Hamburger Gravy & Mashed Potatoes & Glazed Baby Carrots or Egg Salad Sandwich & Cream of Potato Soup Honey Dew	24	Breaded Pork Chop or Hamburger Gravy Mashed Potatoes Buttered Corn or Waxed Beans Wh. Wh. Bread & Butter Bread Pudding	Beef Pepper Steak & Fluffy Rice & Green Peas or Chicken Salad Sandwich & Chicken Rice Soup Fruit Cocktail
3	Herbed Chicken & Gravy & Egg Noodles or Salisbury Steak & Gravy & Mashed Potatoes Whole Wheat Brd & Butter Green Beans or Buttered Diced Carrots Pear Lime Gelatin	Beef Stir Fry & Fluffy Rice Broccoli Florets or Breaded Pork Chop Macaroni & Cheese Seasoned Asparagus White Bread & Butter Diced Peaches	14	Baked Cod & Melted Btr. or Roast Turkey/Gravy Parsley Buttered Potatoes Key West Blend Vegetable or Diced Carrots WWheat Dinner Roll & Butter Banana Split Dessert	Barbeque Sandwiches or Chicken Salad Sandwich Potato Pancakes Red Grapes	25	Cod Fish Strips French Fries or Country Fried Steak & Gry Mashed Potatoes & Whole Wheat Brd & Butter Coleslaw Orange Creme Dessert	Tuna Pasta Salad or Ham Pasta Salad Hard Boiled Egg Assorted Crackers Fresh Sliced Tomatoes Diced Peaches
4	Lemon Pepper Brd Fish & Parsly Btr. Red Potatoes or Lawry's Pasty & Ketchup Coleslaw Creamy Raspberry Dessert	Baked Ham or Chicken Kiev Au Gratin Potatoes Swedish Rye Bread & Butter Diced Cantaloupe	15	Lasagna & Broccoli Florets or Chicken Kiev & Mashed Potatoes & Mixed Vegetable Garlic Bread Pineapple Upside-down Cake	Beef Tips & Mushrooms & Mashed Potatoes & Buttered Corn or Egg Salad Sandwich & Chicken Rice Soup Fresh Fruit	26	Swedish Meatballs & Gravy & Egg Noodles or Sweet & Sour Chicken & Fluffy Rice Glazed Baby Carrots Fresh Fruit	Ham & Cheese Omelet American Fried Potatoes White Toast & Margarine or Beef Pasty & Ketchup & Broccoli Florets Spice Cookie
5	Country Fried Steak & Gravy or Fried Chicken Legs Mashed Potatoes Cream Corn or French Cut Green Beans Pumpkin Bar	Chicken Stew over a Split Biscuit & Skandinavian Blend Veg. or Ham Sandwich & Tomato Soup Diced Watermelon	16	BBQ Chicken Baked Potato & Sour Cream or Beef Roast & Gravy & Whipped Potatoes Green Peas or Green Beans Chocolate Cream Pie	Pickle & Bologna Sandwich or Tuna Salad Sandwich Cream of Potato Soup Banana	27	Beef Roast & Gravy or Chicken Kiev Mashed Potatoes Parsley/ Butter Cauliflower or Steamed Baby Carrots Wh Wheat Bread & Butter Apple Crisp	Ham & Cheese on a Roll or Chicken Salad Sandwich Minestrone Soup Cantaloupe
6	Roast Turkey & Gravy & Savory Stuffing or Beef Roast & Gravy & Mashed Potatoes Glazed Baby Carrots or Green Peas Apple Pie	Pizza Casserole or Crispy Baked Fish & Parsley Buttered Potatoes Green Beans or Seasoned Spinach Ice Cream	17	Shredded Porketta Sandwich or Hamburger/Lettuce & Onion Baked Beans Coleslaw Ice Cream	Salisbury Steak & Gravy or Baked Ham Buttered Red Potatoes Hubbard Squash or Waxed Beans Diced Peaches	28	Cheese Ravioli & Ital. Tomato & Meat Sauce Tossed Salad or Turkey & Gravy over Fluffy Rice & Capri Blend Vegetables Garlic Bread Miss Piggy Cake	Chicken Strips & French Fries Broccoli Florets or Beef Roast & Gravy & Mashed Potatoes Roasted Butternut Squash Ambrosia Dessert
7	Bratwurst on a Bun Potato Salad or Hamburger on a Bun Cheesecake with Fruit Sauce	Polish Sausage/ Saurkrat or Salisbury Steak & Gravy American Fried Potatoes French Cut Green Beans or Seasoned Beets White Bread & Butter Fresh Grapes	18	Crispy Baked Fish & Macaroni & Cheese or Hamburger Gravy & Mashed Potatoes & Prince Charles Blind Veggies. or Parsley/Butter Cauliflower Black Cherry Gelatin	Beef & Pork Chop Suey & Fluffy Rice or Baked Chicken & Gravy & Mashed Potatoes & Diced Carrots White Bread & Butter Mandarine Oranges	29	Baked Pork Chop & Gravy & Parsley Red Potatoes Green Peas or Beef Pasty & Ketchup & Green Beans Black Forest Brownie	Salisbury Steak & Gravy or Baked Chicken & Gravy Mashed Potatoes Buttered Corn or Green Beans Sherbet
8	Italian Sausage Spaghetti & Red Sauce or Baked Chicken & Gravy & Mashed Potatoes Broccoli Florets Garlic Bread Yellow Cake / Choco. Frost.	Stuffed Green Peppers Mashed Potatoes & Gravy & Mixed Vegetable or Turkey & Bacon Croissant & Tossed Salad Chocolate Chip Cookie	19	Baked Meatloaf or Baked Pork Chop & Gravy Oven Brown Potatoes Buttered Diced Carrots or Broccoli Florets Whole Wheat Bread & Btr. Cherry Streusel Dessert	Turkey & Gravy over Mashed Potatoes & Buttered Corn or Roast Beef Sandwich & Beef Barley Soup Watermelon	30	Hamburger Onion & Pickle or Grilled Chicken Sandwich Potato Salad Baked Beans Fresh Fruit	Ham Sandwich or Shaved Turkey Sandwich Navy Bean and Ham Soup Peanut Butter Cookie
9	Hamburger Deep Dish Pie or Roast Turkey /Gravy & Mashed Potatoes Buttered Corn or Steamed Green Beans Ice Cream	Egg Salad Sandwich or Sld Bologna & Chs. Sand. Split Pea Soup or Chicken Noodle Soup Diced Watermelon	20	Baked Ham & Baked Sweet Potatoes or Veal with Onion Gravy & Mashed Potatoes French Cut Grn. Beans or Parsley/ Butter Caulf. Chocolate Cake /Frst.	Beef Roast & Gravy or Breaded Pork Chop Whipped Potatoes Cucumber Slices or Broccoli Florets Pistachio Pudding			
10	Hot Dog / Onion & Relish or Hamburger Onion & Pickle Potato Salad Baked Beans Angel Food Cake & Strawb.	Beef Stew & Corn Bread Muffin or Chicken Ala King & Mashed Potatoes Diced Pears	21	Fried Chicken Legs & Gnocchi & Red Sauce or Cabbage Roll & Mashed Potatoes Garlic Bread Broccoli Florets or Green Beans Cheesecake / Cherry Sauce	Grilled Beef and Cheddar & Tomato Soup or Chicken Cordon Bleu & Mashed Potatoes & Gravy & Green Peas Tossed Salad Chilled Tropical Fruit			
11	Deep Fried Fish Baked Potato & Sour Cr. or Baked Chicken & Gravy Buttered Corn & Mashed Potatoes Coleslaw Diced Cantaloupe	Chickin Kiev & Rice Pilaf or Salisbury Steak & Gravy & Mashed Potatoes Mixed Vegetable or Diced Carrots Fruit Cocktail	22	Lawry's Pasty & Ketchup or Breaded Pork Chop & Baked Potato & Sour Cr. Buttered Diced Carrots or Buttered Zucchini Oreo Dessert	Crispy Baked Fish & Tator Tots or Scalloped Pot. & Ham & Wh. W Bread & Butter Seasoned Spinach or Waxed Beans Orange Slices			