

1	Deep Fried Fish & Baked Potato & Sour Cr. or Baked Chicken & Gravy & Buttered Corn & Whipped Potatoes Coleslaw Diced Cantaloupe	Chickin Kiev & Rice Pilaf or Salisbury Steak & Gravy & Whipped Potatoes Mixed Vegetable or Diced Carrots Fruit Cocktail	12	Lawry's Pasty & Ketchup or Breaded Pork Chop & Baked Potato & Sour Cr. Buttered Diced Carrots or Buttered Zucchini Oreo Dessert	Crispy Baked Fish & Tator Tots or Scalloped Pot. & Ham & Wh. W Bread & Butter Chopped Spinach or Waxed Beans Orange Slices	23	Country Fried Steak & Gravy or Fried Chicken Legs Whipped Potatoes Cream Corn or French Cut Green Beans Pumpkin Bar	Chicken Stew over a Split Biscuit & Skandinavian Blend Veg. or Ham Sandwich & Tomato Soup Diced Watermelon
2	Italian Baked Chicken & Rotini Alfredo or Beef Roast & Gravy & Whipped Potatoes Whole Wh. Bread & Butter Broccoli Florets or Buttered Zucchini Raspberry Bar	Scalloped Potato & Ham & Green Peas or Chicken Salad Sandwich & Chicken Dumpling Soup Chocolate Pudding	13	Bratwurst on a Bun Or Grilled Chicken Sandwich Trio Baked Beans Potato Salad Strawberry Pretzel Dessert	Shaved Turkey Sandwich & Turkey Vegetable Soup or Roast Beef Sandwich & Beef & Potato Soup Red Grapes	24	Roast Turkey & Gravy & Savory Stuffing or Beef Roast & Gravy & Whipped Potatoes Glazed Baby Carrots or Green Peas Apple Pie	Pizza Casserole or New England Brd Fish & Parsley Buttered Potatoes Green Beans or Chopped Spinach Ice Cream
3	Roast Pork & Gravy or Stuffed Green Peppers Garden Blend Wild Rice Normandy Blend Vegetables or Waxed Beans Whole Wheat Brd & Butter Jello -O Cake	Hamburger Gravy & Whipped Potatoes & Glazed Baby Carrots or Egg Salad Sandwich & Cream of Potato Soup Honey Dew	14	Breaded Pork Chop or Hamburger Gravy Whipped Potatoes Buttered Corn or Waxed Beans Wh. Wh. Bread & Butter Bread Pudding	Beef Pepper Steak & White Rice & Green Peas or Chicken Salad Sandwich & Chicken Rice Soup Fruit Cocktail	25	Chicken Paprika & Egg Noodles or Veal with Onion Gravy & Whipped Potatoes Buttered Diced Carrots or Parsley/Butter Cauliflower WW Dinner Roll & Butter Mandarine Orange Gelatin	Polish Sausage/ Saurkrat or Salisbury Steak & Gravy American Fried Potatoes French Cut Green Beans or Hot Sliced Beets White Bread & Butter Red Grapes
4	Hamburger Onion & Pickle or Grilled Bratwurst Sandwich Baked Beans Coleslaw Ice Cream	Beef Tips & Mushrooms & Whipped Potatoes & Buttered Corn or Egg Salad Sandwich & Chicken Rice Soup Fresh Fruit	15	Cod Fish Strips & French Fries or Country Frd. Steak & Gry & Whole Wheat Brd & Butter Baked Potato & Sour Cr. Coleslaw Orange Creme Dessert	Tuna Pasta Salad or Ham Pasta Salad Hard Boiled Egg Assorted Crackers Fresh Sliced Tomatoes Diced Peaches	26	Italian Sausage & Spaghetti & Red Sauce or Baked Chicken & Gravy & Whipped Potatoes Garlic Bread Yellow Cake / Choco. Frost.	Stuffed Green Peppers & Whipped Potatoes & Gravy & Mixed Vegetable or Turkey & Bacon Croissant & Tossed Salad Chocolate Chip Cookie
5	Lasagna & Broccoli Florets or Chicken Kiev & Whipped Potatoes & Mixed Vegetable Garlic Bread Blueberry Pudding Cake	Barbeque Sandwiches or Chicken Salad Sandwich Potato Pancakes Red Grapes	16	Swedish Meatballs & Gravy & Egg Noodles or Sweet & Sour Chicken & White Rice Glazed Baby Carrots Fresh Fruit	Ham & Cheese Omelete & American Fried Potatoes & White Toast & Margarine or Lawry's Pasty & Ketchup & Broccoli Florets Spice Cookie	27	Hamburger Deep Dish Pie or Roast Turkey /Gravy & Whipped Potatoes & White Bread & Butter Buttered Corn or Green Beans Ice Cream	Egg Salad Sandwich or Sld Bologna & Chs. Sand. Split Pea Soup or Chicken Noodle Soup Diced Watermelon
6	BBQ Chicken Baked Potato & Sour Cream or Beef Roast & Gravy & Whipped Potatoes Green Peas or Green Beans Chocolate Cream Pie	Pickle & Bologna Sandwich or Tuna Salad Sandwich Cream of Potato Soup Banana	17	Beef Roast & Gravy or Chicken Kiev Whipped Potatoes Parsley/ Butter Cauliflower or Steamed Baby Carrots Wh Wheat Bread & Butter Apple Crisp	Ham & Cheese on a Roll or Chicken Salad Sandwich Minestrone Soup Diced Cantaloupe	28	Hot Dog / Onion & Relish or Hamburger Onion & Pickle Potato Salad Trio Baked Beans Angel Food Cake & Strawb.	Beef Stew & Corn Bread Muffin or Chicken Ala King & Whipped Potatoes Diced Pears
7	Pork Chop & Onions/Gravy or Roast Turkey/Gravy Whipped Potatoes Key West Blend Vegetable or Sliced Carrots WWheat Dinner Roll & Butter Banana Split Dessert	Salisbury Steak/Mush Sauce or Baked Ham Parsly Butter Red Potatoes Hubbard Squash or Waxed Beans Diced Peaches	18	Cheese Ravioli & Ital. Tomato & Meat Sauce & Tossed Salad or Turkey & Gravy over White Rice & Capri Blend Vegetables Garlic Bread Miss Piggy Cake	Chicken Bites & Steak Fries & Broccoli Florets or Beef Roast & Gravy & Whipped Potatoes & Roasted Butternut Squash Ambrosia Dessert	29	Deep Fried Fish & Baked Potato & Sour Cr. or Baked Chicken & Gravy & Buttered Corn & Whipped Potatoes Coleslaw Diced Cantaloupe	Chickin Kiev & Rice Pilaf or Salisbury Steak & Gravy & Whipped Potatoes Mixed Vegetable or Sliced Carrots Fruit Cocktail
8	Crispy Baked Fish Macaroni & Cheese or Hamburger Gravy & Whipped Potatoes Prince Charles Blind Veg. or Parsley / Butter Cauliflower Black Cherry Gelatin	Beef & Pork Chop Suey & White Rice or Baked Chicken & Gravy & Whipped Potatoes & Diced Carrots Dinner Roll & Butter Mandarine Oranges	19	Baked Pork Chop & Gravy & Parsley Red Potatoes & Green Peas or Lawry's Pasty & Ketchup & Green Beans Black Forest Brownie	Salisbury Steak & Gravy or Baked Chicken & Gravy Whipped Potatoes Buttered Corn or Green Beans Sherbet	30	Italian Baked Chicken & Rotini Alfredo or Beef Roast & Gravy & Whipped Potatoes Whole Wh. Bread & Butter Broccoli Florets or Buttered Zucchini Raspberry Bar	Scalloped Potato & Ham & Green Peas or Chicken Salad Sandwich & Chicken Dumpling Soup Chocolate Pudding
9	Baked Meatloaf or Baked Pork Chop & Gravy Oven Brown Potatoes Buttered Diced Carrots or Broccoli Florets Whole Wheat Bread & Btr. Pistachio Pudding	Turkey & Gravy over Whipped Potatoes & Buttered Corn or Roast Beef Sandwich & Beef Barley Soup Diced Watermelon	20	Hamburger Onion & Pickle or Grilled Chicken Sandwich Potato Salad Baked Beans Fresh Fruit	Ham Sandwich or Shaved Turkey Sandwich Navy Bean and Ham Soup Peanut Butter Cookie			
10	Baked Ham & Baked Sweet Potatoes or Veal with Onion Gravy & Whipped Potatoes French Cut Grn. Beans or Parsley/ Butter Caulif. W Wheat Bread & Btr. Choc. Cake/Butter Crm Frst.	Beef Roast & Gravy or Breaded Pork Chop Whipped Potatoes Cucumber Slices or Broccoli Florets Cherry Steusel Dessert	21	Herbed Chicken & Gravy & Egg Noodles or Salisbury Steak & Gravy & Whipped Potatoes Whole Wheat Brd & Butter Green Beans or Buttered Sliced Carrots Pear Lime Gelatin	Beef Stir Fry & White Rice & Broccoli Florets or Breaded Pork Chop & Macaroni & Cheese & Buttered Asparagus Cuts White Bread & Butter Diced Peaches			
11	Fried Chicken Legs & Gnocchi & Red Sauce or Cabbage Roll & Whipped Potatoes Garlic Bread Broccoli Florets or Green Beans Cheesecake / Cherry Sauce	Grilled Beef and Cheddar & Tomato Soup or Chicken Cordon Bleu & Whipped Potatoes & Gravy & Green Peas Tossed Salad Diced Watermelon	22	Lemon Pepper Brd Fish & Parsly Btr. Red Potatoes or Lawry's Pasty & Ketchup Coleslaw Creamy Raspberry Dessert	Baked Ham or Chicken Kiev Au Gratin Potatoes Swedish Rye Bread & Butter Diced Cantaloupe			