

# Iron County Medical Care Facility Medicommunicator



# National Nursing Home Week MAY 12-18th

#### The Week's Special Festivities

Every May we take the opportunity to show appreciation to our employees and residents during a special week set aside nationally. We have lots of fun things planned and hope you take part and join in the fun. Don't forget to stop in the Birch Park and guess who the babies are on the Baby Contest game!

Monday: Silly Sock Day

ICMCF Strike Force Bowling Banquet
Prize Wheel Bingo

1st Break Donuts for all Staff!

Tuesday: Pajama Day
Radio Show w/ Coffee Cake
Spa Day
Ice Cream Treats for All Staff!!

Wednesday: Yooper Day
Resident Appreciation Day
Big Buck Nite Bingo
Picnic Lunch for Residents and Staff

Thursday: Summer Fun Day
Bowling for Tokens
Dip Contest and Judging
Happy Hour w/Karaoke
Employee Gift Day

Friday: ICMCF DAY
Black out Bingo
ICMCF AUCTION
1st Break Bagels for stafff



Memorial Day May 27th, 2024

### We Love you Mom!

What better way to show Mom you love her than a visit, phone call, card or flowers!

We will celebrate all our Moms here on Friday, May 10th in Woodhaven Activity/Birch Dining Room. Freddie FingerSchnitz will be here to entertain and of course there will be a sweet treat! See you there and thank you to all the Mom's out there, being a Mom is one of the toughest "jobs" there is and we sure wouldn't be here without you!



#### **Resident Rights Corner**

In an effort to educate and keep our residents informed, we will feature several resident rights each month. If you have any questions please seek out your Social Worker or any other member of the administrative team.

#### You have the right to:

- -To be free from physical or drug induced restraints which are not required to treat your medical symptoms.
- -To refuses treatment and be told of the possible consequences if you refuse.

#### **Local Ombudsman:**

Connie Grahovac 906-280-0653 grahovacc@upcap.org

#### Medicommunicator

# **Resident Birthday Corner**

05-06 Charles Peterson

05-07 Karen Clements

05-14 Douglas Quayle

05-17 Rose McGreaham

05-24 Helen Ross

05-24 Veronica Peterson

05-26 Florence Ninko





# **May Employee Birthdays**

05-01 Jill Feldhausen

05-01 Sara Braatz

05-01 Shawn Lambaren

05-02 Edith Parker

05-03 Christine Johnson

05-09 India Schindler

05-10 Laura Kauffman

05-12 Carol Sundelius

05-12 Adam Powell

05-14 Fitima Frierson

05-15 Karanda Smith

05-16 Kristen Beck

05-19 Gabriella Schultz

05-20 Vicky Barnett

05-21 Heather Clemo

05-21 Annmarie Nordstrom

05-24 Amanda Kudwa

05-24 Bobbie Mousseau

05-28 Sara Sundell

05-30 Rebecca Davis

05-30 Patricia Hilberg

05-31 Eden Tusa

# May, did you Know?

People born in May are smart, ambitious and trustworthy, and tend to be passionate and dynamic. Those born in May are said to be luckier and generally healthier than any other month. It could have something to do with that optimism, since positive attitudes have been associated with greater resilience.

Birthstone: Emerald Birth Flower: Lily of the Valley



# **Resident in the Spotlight**



# Phyllis Ponozzo

Phyllis likes to spend time walking throughout the facility with her son visiting with others. She enjoys coming to Community Breakfast and working on word games and other group activities. If you see Phyllis be sure to congratulate her

sure to congratulate her on being chosen as our

#### May Resident in the Spotlight

Spotlighted residents are given a 5 dollar candystore certificate and a badge to wear for the month acknowledging their recognition. If you have a resident you would like to see honored, please submit in writing to the editor.

All submissions welcome!

# **National Nursing Home Week!**

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A N F B A E F I T Y L C G O E V S R E K L A W S X R E G N Y POXDVAYNHLAONPSEKRHTCOEEENSRW E X S B E M C T E Z T Z U U I B R E Y R E C A P Z H A L L Y N C Z N T G I I D N J A O N M T S U U W I I E P X A L Z I G R J A H K K L L I J P R P E D I R O N A A E B O W B R D E A LIYEVCIASTGGMKDRCALDKYEUDIAENR LSAHPJTUETBYEELMYWHEETRFVLDRDD Y R J H B F Y Q R U L D N J U A O M S C E S V E H I E E I E CEBSCYOOPIUTGIARWUCSTLNRHTCTEN O E T I M L P L M R R A L K K T O A Q G K S D E L A Q S T S MTOWNPEAEIXLYERHSRETNALPCTBIAE M N W X U G F E G P I M R E D I A S E S R U N V T I X G R L U U N S R Q O H H R A D M B N E V A H D O O W Q C O L E Y H N L S Y S J T D T W T H I R I S A V E N U E G X J N K R J S I O Q D G S F L S P C R C N M E D I C A L N S Z H K M S V K TVUTNJFGTOCAOSEFACESORDLIWPPLH Y H A Y I B Y Y U H Y N B I O H C Q O R Y L S F T B Q R V F Y Y R U T V A R D B P C D H Y C Q W T Z B V I G X D C NJEVUUTRYROACTIVITIESWILLOWCCL A R R A O Y I K O U M A I N T E N A N C E J A V A S O E M B R R G L A V K F N Y R A I L I X U A L B Z C Y F R C P Y Z C W N H R E E I T I W S E L U R A A P I H Y F L D R S L F U L J H D A P T Y G E N E R A L S T O R E M N H S J E K I A R C V S M J N C X F U Q H F Y U B X U O T M D U V R T D Q B N X V H K M B J T I B D Q T Q Y P N E G U C M O V W N F L O N E

#### Congratulations go to resident Amy Leppanen for guessing our riddle.

You have me today, Tomorrow you'll have more; As your time passes, I'm not easy to store; I don't take up space, But I'm only in one place; I am what you saw, But not what you see.

What am I? MEMORIES

#### **MONTHLY RIDDLE RULES:**

The first person to turn in the correct answer to the publisher (Jessica) wins a great prize! Once you win, you are ineligible for six months to allow for everyone to get a chance. DT Aides and our publisher (front office), do not qualify for the riddle as they see the riddle prior to publication and have an

Winners are offered a \$15.00 credit towards an ICMCF Shirt or the Wild Rose Cafe



People make me, keep me, change me, raise me, even though I can be very dirty.

Spring is finally here.
... I think ... Maybe
... Hopefully.

**FACILITY COUNTY** WALKER WHEELCHAIR RESIDENT **FAMILYMEMBER ACTIVITIES BINGO DIETARY SOCIALWORKER NURSESAIDE** LICENSEDNURSE REGISTERED HOUSEKEEPER **MAINTENANCE** LAUNDRY REHABILITATION RESIDENTRIGHTS **HIPAARULES CHARTING OUTINGS** SUPPORTGROUP WILLOW **SKYWAYREHAB SPRUCE BIRCHDRIVE** WOODHAVEN CHAPELOFPEACE **CEDARLANE** TRILLIUMCOURT **IRISAVENUE** LILACLANE **GARDENS COURTYARDS PLANTERS** WALKPATH **QUALITY RESPECT MEDICAL** SOCIAL **COMMUNITY NONPROFIT AUXILIARY VOLUNTEERS** GENERALSTORE **TOWNSQUARE** WILDROSECAFE

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# What's Happening in DT



Activity Council-Our Activity Council usually meets the 1st Friday of the Month. Join us on May 3rd at 3:00 to help us pick out different activities for the month of May. We plan cooking groups, outings, and more. Hope to see you there!

Dan's Songs for Srs.- Our friend Dan Mosca will be coming to perform a special showing for us and lucky for us he will be coming to see us twice this month. Everyone is welcome to come and watch on: Wednesday May 1st and Tuesday May 21st. Show starts at 2:00pm. See you there!

Community Breakfast -Come on down to DT on Wednesday May 8th for a classic breakfast. We will have fried eggs, fried potatoes, English muffin toast and fruit. Breakfast is served at 8:30 am, sign up with DT to attend!

Iron River Sr. Center- It's been a bit since we have ventured to see our friends at the Sr. Center in Iron River. We are planning to have lunch on Thursday May 9th. The bus will head over there around 10:30 am.

Mother's Day Celebration - Come on down to the Woodhaven Activity Center/Birch Dining Room on Friday May 10th as we celebrate all our Mom's here at the facility. Freddie FingerSchnitz will be here to sing for us and there is always a sweet treat. See you there and Happy Mother's Day!

Dip Contest- We are bringing back the food contest! This year we will have a Dip Contest on Thursday. We invite residents, staff, and family to submit their award winning entries by 12:45pm on Thursday May 16th to the DT Department. Judging will take place from 1:30-3:00 along with Karaoke. Come on down to Woodhaven/Birch to pick your favorite dip and sing a tune or two!

Resident Council-All residents are invited to attend our May meeting on Tuesday the 14th at 9:30. We will discuss any concerns or suggestions you may have and review two Resident Rights. There is a suggestion/concern box set up in the library as well.

Monthly Birthday Party- On Wednesday May 22nd we will celebrate all the May Birthdays. Join us for cake, ice cream, and of course some great music from Jan and Gino. The party will start at 2:00 pm in the Birch Dining Room/Woodhaven. We sure have missed Jan and Gino!

**Dollar General in Caspian-** We are hoping to find some great deals on Wednesday May 24th. The bus will be leaving at 1:00, sign up with DT to secure your spot on the bus.

#### Church Services

Catholic Mass: 1st Wednesday of the month & 3rd Tuesday of the month.

United Methodist: 2nd Wednesday of the month. United Lutheran: 3rd Thursday of the month.

Non-Denominational Bible Study: Every Thursday at 1:00

Hymn Sing: Last Tuesday of the month at 10:00

1f you would like to meet with a Clergy member please contact DT and we will assist you to schedule a visit.

## Baby/Childhood **Picture Contest**

**National Nursing Home week** is set for May 12-18th this year. We are asking for a baby or childhood photo of residents and staff to display for a contest. If you are willing please bring a photo to the DT Dept. and we will make a copy to post on the display. The photo guessing contest will be set up in the Birch Park during Nursing Home Week and winners will be announced on that Friday. If you have any questions please call Jessica at 906-874-1130 or

Jennifer at 906-874-1138.



#### We need your help!

We are looking for firewood for our Monday Night Bonfires. If you are able and willing to donate please contact Jessica Schultz at 906-874-1130. Thank you!!



# Administrative Staff



# Sunshine Stamp



<u>Department of Human Services Board</u>	
Chris Thomson	367-1064
Donna Ahlberg	284-1480
Mike Hedtke	367-1431
Administrator:	

# Rob Possanza Administrator.....875-6671 ext 1111

Admissions:
Alyssa Marheine RN Case Manager......874-1320

#### Facility Administrative Department Heads

Lesli Arcand R.N.,	Director of Nursing
Jacyln Nardi R.N	Asst Director of Nursing
Joy Sackmaster R.N.	MDS Coordinator
Kylie Stapleton R.N	
Lynn Oman	Accounts Receivable/Resident Billing
Brandis Larson	Accounts Payable/Resident Trust Director
Brooke Ponchaud	Payroll
	Assistant Administrator/Human Resources
Alisa Santi R.N	Education Director
Kat Latva	Health Information Management/Privacy
Heidi Bociek, CDM	Director of Dietary Services
	Diversional Therapy
Jackie Beaudoin, LBS	WSocial Worker
Samantha Bannenberg	g LLMSWSocial Worker
Sue Wheeler	Purchasing Director
	Assisted Living Director
Rich Bekkala	Director of Physical Plant

Don't forget to visit us on the web! Our Activity Calendar, Newsletter and Monthly Menu are all available for download and print the first week of each month. (You must have Adobe Acrobat or Reader to print)

www.ironcountymcf.com www.victorianheights.net

#### **Resident email:**

icmcf.resident@ironcountymcf.onmicrosoft.com
(Please put residents full name in subject area)

Brice Alder

Roberta Armstrong

Paula Battye

Rich Bekkala

Janean Brewington

Heidi Bociek

Jane Cadieux

Dominic Cherubini

Mikaela Davison

Doreen Duchan

Elaina Dutcher

Wendy Gibson

Wendy Hibbard

Misty Holm

Sherri Kernats

Amanda Kinnunen

Sharon Klima

Jesse Knipp

Breanda Laird

Brandon Lambaren

Wayne Maki

Linda McGreagor

Marilea Dufrensne-McCotter

Casey Olson

Shannon Osier

Edith Parker

Rob Possanza

Alisa Santi

India Schindler

ilidia Scillidiei

Kathy Smith

Carol Sundelius

Wes Takala

Seth Thoreson

Char Walstrom

Kristina Watters

Tracey West

Colleen Zaidel



#### Facebook Fun......

Don't forget to "like" and follow us on Facebook. We also update on any important information.



Please check our updated website for important information at: www.ironcountymcf.com

#### **Volunteer Opportunities**

If you are interested in a wonderful volunteer opportunity, do not hesitate to contact Jessica Schultz. Volunteers of all ages are needed and welcomed for a diverse variety of help. No matter where your interest lies, we will work with you and help make being a volunteer a rewarding and fun job.

Our Auxiliary Group meets the last Wednesday of every month, all ICMCF volunteers are welcome to attend!

New Volunteers always welcome. Call 906-874-1130.